

RECORD OF PERFORMANCE QUALIFICATIONS
HS

INSTRUCTIONS

Record of Performance Qualifications shall be completed for enlisted personnel of the Coast Guard as outlined in the Enlisted Performance Qualifications Manual, COMDTINST M1414.8 (series). Personnel are required to demonstrate proficiency in all performance qualifications for higher pay grades. As proficiency in each performance qualification is demonstrated by actually performing the task listed, the DATE and INITIALS column shall be completed. Some enlisted performance qualifications include Supervisory Guidelines (SupGuide), which will assist in clarifying the intent and proper execution of the task that is to be performed. Personnel are reminded that, although demonstration of proficiency in new performance qualifications at or below their current pay grade is not required, they will be held responsible for those qualifications in future Service Wide Examinations. It is the member's responsibility to be proficient in all currently published performance qualifications, up to and including those of their present pay grade, for their specific rating.

Reference material is made available through the U.S. Coast Guard Directives System Intranet site accessible at <http://cgweb.uscg.mil/g-c/g-ccs/g-cit/g-cim/directives/welcome.htm>, U.S. Coast Guard Directives System Internet site accessible at <http://www.uscg.mil/ccs/cit/cim/directives/welcome.htm>, your unit administrative library, or from other government sources. A listing of reference material (hyperlinks provided where available) is located at the end of this Tab. The Health & Safety Directorate (G-WK) Publications & Directives Branch website is a valuable resource available at <http://www.uscg.mil/hq/g-w/g-wk/wkh/pubs/index.htm>

SupGuide: Due to the nature of the performance qualifications required of the Health Services Technician rating, performance of the tasks in this section will be completed under actual conditions when possible, but may be completed under "as accurate as possible" simulated conditions.

RATING

HEALTH SERVICES TECHNICIAN (Effective for the MAY 2005 Active Duty and the OCT 2005 Reserve SWE)

ABBREVIATION

HS

DATE COMPLETED ALL PERFORMANCE QUALIFICATIONS FOR RATE LEVEL

E-4

E-5

E-6

E-7

E-8

E-9

NAME (Last, First, Middle Initial)

EMPLID NUMBER

SIGNATURE OF SUPERVISOR

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REMARKS

RATING: HEALTH SERVICES TECHNICIAN	INIT	DATE
<p>A. EMERGENCY INTERVENTIONS</p> <p>4.A.01 Resuscitate patient utilizing Automatic External Defibrillator (AED) IAW American Heart Association (AHA) Guidelines.</p> <p>4.A.02 Perform rapid and focused trauma assessment on a patient IAW Brady's Emergency Care (current edition).</p> <p>SupGuide: To include completion of checklist for trauma assessment.</p> <p>4.A.03 Perform rapid and focused medical assessment on a patient IAW Brady's Emergency Care (current edition).</p> <p>SupGuide: To include completion of checklist for medical assessment.</p> <p>4.A.04 Treat a patient for shock IAW Brady's Emergency Care (current edition).</p> <p>4.A.05 Perform spinal and extremity immobilization procedures on a patient IAW Brady's Emergency Care (current edition).</p> <p>4.A.06 Treat a patient for secondary injury and wound procedures IAW Brady's Emergency Care (current edition).</p> <p>4.A.07 Prepare patient for transport IAW Brady's Emergency Care (current edition) and Medical Manual, COMDTINST M6000.1 (series).</p> <p>SupGuide: To include completion of Emergency Medical Treatment Report (MEDEVAC), CG-5214.</p> <p>4.A.08 Treat a patient for bites/stings IAW Brady's Emergency Care (current edition).</p> <p>4.A.09 Treat a patient for burns IAW Brady's Emergency Care (current edition).</p> <p>4.A.10 Treat a patient for eye injury IAW Brady's Emergency Care (current edition).</p> <p>4.A.11 Treat a patient for anaphylaxis IAW Brady's Emergency Care (current edition).</p>		
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<p>4.A.12 Treat a patient for angina pectoris and acute myocardial infarction IAW Brady's Emergency Care (current edition).</p> <p>4.A.13 Administer intravenous therapy IAW Mosby's EMT-Intermediate (current edition).</p> <p>SupGuide: To include selecting, initiating, maintaining, and discontinuing intravenous therapy. Also to include administering medications as directed via intravenous bolus method.</p> <p>4.A.14 Treat patients for the following environmental emergencies IAW Brady's Emergency Care (current edition).</p> <ul style="list-style-type: none"> • Frostbite • Hypothermia • Heat Exhaustion • Heat Stroke • Heat Cramps • Water related <p>4.A.15 Treat patients for the following IAW Brady's Emergency Care (current edition).</p> <ul style="list-style-type: none"> • Hyperglycemia • Hypoglycemia <p>4.A.16 Treat a patient with acute respiratory distress to include the following IAW Brady's Emergency Care (current edition).</p> <ul style="list-style-type: none"> • Asthma • Chronic Obstructive Pulmonary Disease (COPD) • Pneumonia • Chest Trauma <p>5.A.01 Manage a patient for shock IAW Brady's Paramedic Emergency Care (current edition).</p> <p>5.A.02 Manage a patient for secondary injury and wound procedures IAW Mosby's EMT-Intermediate (current edition).</p>		
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<p>5.A.03 Manage a patient for bites/stings IAW Mosby's EMT-Intermediate (current edition).</p> <p>5.A.04 Manage a patient for burns IAW Mosby's EMT-Intermediate (current edition).</p> <p>5.A.05 Manage a patient for eye injury IAW Mosby's EMT-Intermediate (current edition).</p> <p>5.A.06 Manage a patient for anaphylaxis IAW Mosby's EMT-Intermediate (current edition).</p> <p>5.A.07 Manage a patient for poisoning/medication overdose IAW Mosby's EMT-Intermediate (current edition).</p> <p>5.A.08 Assess a patient for the following acute psycho/emotional episode IAW Mosby's EMT-Intermediate (current edition).</p> <ul style="list-style-type: none"> • Depression • Anxiety Disorder • Suicide Attempt • Suicide Ideation <p>5.A.09 Manage a patient for the following IAW Mosby's EMT-Intermediate (current edition).</p> <ul style="list-style-type: none"> • Hyperglycemia • Hypoglycemia <p>5.A.10 Provide emergency treatment for seizures, including status epilepticus IAW Mosby's EMT-Intermediate (current edition).</p> <p>5.A.11 Manage a patient with suicidal ideation or a suicide attempt IAW Suicide Prevention, COMDTINST 1734.1 (series).</p> <p>5.A.12 Manage a patient with acute respiratory distress to include the following IAW Mosby's EMT-Intermediate (current edition).</p> <ul style="list-style-type: none"> • Asthma • Chronic Obstructive Pulmonary Disease (COPD) • Pneumonia • Chest Trauma 		
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<p>B. CLINICAL SICK CALL</p> <p>4.B.01 Obtain vital signs for patients IAW Medical Manual, COMDTINST M6000.1 (series) and Clinical Procedures for Medical Assistants.</p> <p>4.B.02 Obtain a patient history IAW Mosby's Health and Physical Assessments (current edition) and Medical Manual, COMDTINST M6000.1 (series).</p> <p>4.B.03 Perform physical examinations on patients IAW Mosby's Health and Physical Assessments (current edition),</p> <p>4.B.04 Document a patient encounter using SOAP (Subjective, Objective, Assessment, Plan) IAW Medical Manual, COMDTINST M6000.1 (series).</p> <p>4.B.05 Establish a differential diagnosis for a patient presenting with skin conditions IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Urticaria • Tinea (t. corporis, t. cruris, t. pedis, t. versicolor) • Contact allergic dermatitis • Contact irritant dermatitis • Atopic dermatitis/Eczema • Chickenpox (Varicella) • Acne • Wart (verruca vulgaris or plantaris) • Measles (Rubeola) • Shingles (Herpes Zoster) • Drug eruption (medicamentosa) • Small Pox • Anthrax 		
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<p>4.B.06 Establish a differential diagnosis for a patient presenting with sore throat IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Viral pharyngitis • Streptococcal pharyngitis • Tonsillitis <p>4.B.07 Establish a differential diagnosis for a patient presenting with neck pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Meningitis • Musculo-skeletal strain <p>4.B.08 Establish a differential diagnosis for a patient presenting with cough, shortness of breath, and difficulty breathing IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Asthma • Acute bronchitis • Upper Respiratory Infection • Pneumonia, viral etiology • Pneumonia, bacterial etiology • Anaphylaxis • Pulmonary Embolism • Upper airway obstruction • Tuberculosis 		
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<p>4.B.09 Establish a differential diagnosis for a patient presenting with eye pain, red eye, foreign body in eye, and acute altered vision IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Infectious conjunctivitis • Allergic conjunctivitis • Hordeolum • Blepharitis • Corneal abrasion • Subconjunctival hemorrhage <p>4.B.10 Establish a differential diagnosis for a patient presenting with a bloody nose (epistaxis) IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Hypertension • Digital manipulation • Foreign object • Sinus infection • Nasal mucosa inflammation • Nasal mucosa desiccation (Dryness) 		
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<p>4.B.11 Establish a differential diagnosis for a patient presenting with “cold-like” (URI) symptoms (symptoms consistent with possible upper respiratory infection/URI) IAW Mosby’s Health and Physical Assessment (current edition), Mosby’s Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Sinusitis • Influenza • Allergic rhinitis <p>4.B.12 Establish a differential diagnosis for a patient presenting with ear pain IAW Mosby’s Health and Physical Assessment (current edition), Mosby’s Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Otitis Media with Effusion (Serous Otitis Media) • Otitis Media, Acute • Otitis Externa • Perforation • Eustachian Tube Dysfunction • Cerumen impaction <p>4.B.13 Establish a differential diagnosis for a patient presenting with shoulder pain IAW Mosby’s Health and Physical Assessment (current edition), Mosby’s Primary Care Consultant (current edition), Current Diagnosis & Treatment in Orthopedics and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Bursitis, including Subacromial bursitis • Tendinitis, including Bicipital tendonitis 		
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<p>4.B.14 Establish a differential diagnosis for a patient presenting with chest pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Mosby's EMT-Intermediate (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Gastroesophageal reflux disease (GERD) • Angina pectoris • Acute Myocardial Infarction • Costochondritis • Pleurisy • Respiratory infection <p>4.B.15 Establish a differential diagnosis for a female patient presenting with abdominal/pelvic pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Infectious gastroenteritis • Appendicitis • Normal pregnancy • Ectopic pregnancy • Peptic Ulcer disease • Gastroesophageal reflux disease (GERD) • Urinary tract infection • Dysmenorrhea • Renal calculus/colic (a.k.a. passing kidney stone, urolithiasis) • Sexually transmitted disease (STD) 		
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<p>4.B.16 Establish a differential diagnosis for a male patient presenting with abdominal pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Food poisoning, bacterial (infectious gastroenteritis) • Appendicitis • Epididymitis • Prostatitis • Renal calculus/colic (a.k.a. passing kidney stone, urolithiasis) • Peptic ulcer disease • Gastroesophageal reflux disease (GERD) <p>4.B.17 Establish a differential diagnosis for a patient presenting with low back pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Muscular low back pain • Herniated nucleus pulposus (herniated lumbar disk) • Renal calculus/colic (a.k.a. passing kidney stone, urolithiasis) <p>4.B.18 Establish a differential diagnosis for a patient presenting with testicular pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Epididymitis • Renal calculus/colic (a.k.a. passing kidney stone, urolithiasis) • Inguinal Hernia • Testicular Torsion 		
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<p>4.B.19 Establish a differential diagnosis for a female patient presenting with painful/bloody urination IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Cystitis • Uncomplicated Urinary Tract Infection (UTI) • Pyelonephritis • Renal calculus/colic (a.k.a. passing kidney stone, urolithiasis) • Vaginitis • Sexually transmitted disease (STD) <p>4.B.20 Establish a differential diagnosis for a male patient presenting with painful/bloody urination IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Uncomplicated Urinary Tract Infection (UTI) • Pyelonephritis • Renal Calculus/colic (a.k.a. passing kidney stone or urolithiasis) • Prostatitis • Sexually transmitted disease (STD) <p>4.B.21 Establish a differential diagnosis for a patient presenting with knee pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Current Diagnosis & Treatment in Orthopedics and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Bursitis (i.e., Iliotibial band friction syndrome, Infrapatellar, Prepatellar, Retropatellar) • Shin Splints • Tendinitis (i.e., Patella, Popliteal) 		
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<p>4.B.22 Establish a differential diagnosis for a patient presenting with ankle/foot pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Current Diagnosis & Treatment in Orthopedics and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Lateral ankle sprain (1st degree) • Lateral ankle sprain (2nd degree) • Lateral ankle sprain (3rd degree) • Shin Splints • Fractures that might accompany ankle sprain (i.e., distal fibular head, medial malleolus/tibial, avulsion type, etc) <p>4.B.23 Establish a differential diagnosis for a patient presenting with elbow pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Current Diagnosis & Treatment in Orthopedics and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Olecranon bursitis (including septic etiology) • Tennis Elbow • Carpal tunnel syndrome <p>4.B.24 Establish a differential diagnosis for a patient presenting with wrist pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Current Diagnosis & Treatment in Orthopedics and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Carpal tunnel syndrome • Tendinitis 		
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<p>4.B.25 Establish a differential diagnosis for a patient presenting with altered mental status IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Mosby's EMT-Intermediate (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Intoxication (alcohol, drugs) • Increased Intracranial pressure/intracranial hypertension • Concussion • Central Nervous System (CNS) infection (i.e., meningitis, encephalitis) <p>4.B.26 Establish a differential diagnosis for a patient presenting with dental conditions/emergencies IAW Delmar's Dental Assisting – A Comprehensive Approach (current edition).</p> <p>SupGuide: Under direct supervision the member will be required to identify the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Fractured tooth • Lost restoration • Traumatically avulsed tooth • Dry socket (alveolitis) • Abscess • Aphthous ulcer (a.k.a. canker sore or aphthous stomatitis) • Temporomandibular Joint (TMJ) Pain/syndrome <p>4.B.27 Develop a treatment plan for any 12 of the differential diagnosis presented in EPQ 4.B.03 thru 4.B.24 IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition and The Merck Manual (current edition).</p> <p>4.B.28 Perform verbal case presentations for patients IAW Mosby's Health and Physical Assessments (current edition) and Medical Manual, COMDTINST M6000.1 (series).</p>		
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<p>4.B.29 Inject the patient using the following techniques IAW Clinical Procedures for Medical Assistants.</p> <ul style="list-style-type: none"> • Intramuscular • Intradermal • Subcutaneous <p>4.B.30 Perform an electrocardiogram IAW Clinical Procedures for Medical Assistants and Manufactures Guidelines.</p> <p>4.B.31 Prescribe pharmaceuticals from the HS Drug Formulary IAW Medical Manual, COMDTINST M6000.1 (series), Nursing Drug Reference (current edition), Standardized Health Services Technician Drug Formulary, COMDTINST 6570.1 (series).</p> <p>4.B.32 Perform wound closure procedures IAW Clinical Procedures for Medical Assistants and Wounds and Lacerations Emergency Care and Closure.</p> <p>4.B.33 Sterilize surgical instruments IAW Medical Manual, COMDTINST M6000.1 (series) and Clinical Procedures for Medical Assistants.</p> <p>4.B.34 Collect the following laboratory specimens IAW Clinical Procedures for Medical Assistants.</p> <ul style="list-style-type: none"> • Blood • Stool • Urine • Wound • Throat • Sexually Transmitted Disease (STD) 		
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<p>4.B.35 Perform rapid reagent laboratory tests IAW Clinical Procedures Medical Assistants and Manufactures Guidelines.</p> <p>4.B.36 Perform audio acuity testing IAW Medical Manual, COMDTINST M6000.1 (series) and Manufactures Guidelines.</p> <p>4.B.37 Perform vision testing IAW Medical Manual, COMDTINST M6000.1 (series) and Manufactures Guidelines.</p> <p>5.B.01 Manage a patient presenting with a non-traumatic headache IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Mosby's EMT-Intermediate (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage the patient using the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Migraine • Cluster • Tension (cervical) • Sinusitis or sinus congestion • Temporomandibular Joint (TMJ) induced headache • Hypertension • Cerebrovascular Accident (CVA) <p>5.B.02 Manage a patient presenting with dizziness IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Mosby's EMT-Intermediate (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage the patient using the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Cardiac dysrhythmia/arrhythmia (rate/rhythm) • ENT illnesses (labyrinthitis or sinusitis) • Toxic (intoxication, environmental, medication) • Metabolic (Febrile illness, dehydration) • Pregnancy (including that exacerbated by supine position) 		
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<p>5.B.03 Manage a patient presenting with skin conditions IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.03:</p> <ul style="list-style-type: none"> • Psoriasis • Seborrhea • Cellulitis • Folliculitis • Insect bites (scabies, fleas, lice, ticks) • Drug reaction/allergies • Dyshydrotic eczema • Impetigo • Herpes simplex • Hand-foot-mouth disease (coxsackie virus) <p>5.B.04 Manage a patient presenting with eye pain, red eye, foreign body in eye, or acute altered vision IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Mosby's EMT-Intermediate (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.07:</p> <ul style="list-style-type: none"> • Acute iritis • Acute retinal detachment • Hyphema • Flash burns • Herpes Keratitis • Chemical burns 		
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<p>5.B.05 Manage a patient presenting with cough, shortness of breath, and difficulty breathing IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Mosby's EMT-Intermediate (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.06:</p> <ul style="list-style-type: none"> • Pulmonary edema • Pneumothorax • Status asthmaticus • Pleuritis <p>5.B.06 Manage a patient presenting with ear pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.10:</p> <ul style="list-style-type: none"> • Foreign body • Mastoiditis • Barotrauma • Temporomandibular Joint (TMJ) syndrome <p>5.B.07 Manage a differential diagnosis for a patient presenting with sore throat IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Mosby's EMT-Intermediate (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.04:</p> <ul style="list-style-type: none"> • Epiglottitis • Influenza • Peritonsillar abscess • Diphtheria • Croup • Toxic shock syndrome 		
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<p>5.B.08 Manage a patient presenting with neck pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Current Diagnosis & Treatment in Orthopedics and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.05:</p> <ul style="list-style-type: none"> • Tension headache • Cervical Herniated Nucleus Pulposus • Torticollis <p>5.B.09 Manage a patient presenting with shoulder pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Mosby's EMT-Intermediate (current edition), Current Diagnosis & Treatment in Orthopedics and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.11:</p> <ul style="list-style-type: none"> • Shoulder (dislocation, subluxation, sprain & fracture) • Acromioclavicular Joint Injury (i.e., dislocation, subluxation, sprain) • Dislocation, subluxation, sprain • Rotator Cuff Injuries <p>5.B.10 Manage a patient presenting with chest pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Mosby's EMT-Intermediate (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.12:</p> <ul style="list-style-type: none"> • Myocardial Infarction • Pulmonary embolism • Spontaneous pneumothorax 		
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<p>5.B.11 Manage a patient presenting with elbow pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Current Diagnosis & Treatment in Orthopedics and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.21:</p> <ul style="list-style-type: none"> • Lateral or medial epicondylitis • Radial head fracture • Dislocation <p>5.B.12 Manage a patient presenting with wrist pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Current Diagnosis & Treatment in Orthopedics and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.22:</p> <ul style="list-style-type: none"> • Scaphoid fracture • Radial/ulna fracture • Degenerative joint disease/noninflammatory arthritis <p>5.B.13 Manage a patient presenting with fingernail/toenail pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage the patient using the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Paronychia • Ingrown Nail 		
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<p>5.B.14 Manage a patient presenting with low back pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Mosby's EMT-Intermediate (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.15:</p> <ul style="list-style-type: none"> • Aneurysm (such as ruptured abdominal aorta); • Osteoarthritis (noninflammatory arthritis); • Gynecological condition (i.e., endometriosis, etc.) <p>5.B.15 Manage a patient presenting with testicular pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.16:</p> <ul style="list-style-type: none"> • Incarcerated Inguinal Hernia • Testicular cancer • Hydrocele • Varicocele <p>5.B.16 Manage a patient presenting with painful/bloody urination IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQs 4.B.17 and 4.B.18:</p> <ul style="list-style-type: none"> • Renal trauma • Urethritis 		
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RATING: HEALTH SERVICES TECHNICIAN	INIT	DATE
<p>5.B.17 Manage a female patient presenting with abdominal or pelvic pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Mosby's EMT-Intermediate (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.13:</p> <ul style="list-style-type: none"> • Perforated ulcer • Fecal impaction • Abdominal aneurysm • Hepatitis • Pancreatitis • Ovarian cyst • Endometriosis • Upper Gastrointestinal (GI) bleeding • Pelvic inflammatory disease • Colitis (Inflammatory Bowel Disease) • Irritable bowel syndrome • Diverticulitis • Cholecystitis • Gastroenteritis 		
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RATING: HEALTH SERVICES TECHNICIAN	INIT	DATE
<p>5.B.18 Manage a male patient presenting with abdominal pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Mosby's EMT-Intermediate (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.14:</p> <ul style="list-style-type: none"> • Hernia • Irritable bowel syndrome • Colitis (Inflammatory Bowel Disease) • Diverticulitis • Pancreatitis • Cholecystitis • Hepatitis • Abdominal aneurysm • Bowel obstruction • Perforated ulcer • Testicular torsion <p>5.B.19 Manage a female patient presenting with excessive vaginal bleeding or pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Mosby's EMT-Intermediate (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage the patient using the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Threatened abortion (miscarriage) • Ectopic pregnancy • Dysfunctional uterine bleeding (DUB) • Metrorrhagia (uterine bleeding at irregular intervals) 		
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RATING: HEALTH SERVICES TECHNICIAN	INIT	DATE
<p>5.B.20 Manage a female patient presenting with vaginal irritation IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage the patient using the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Herpes simplex virus (HSV), type II • Trichomonas • Candidiasis • Condyloma acuminata • Chlamydia • Gonorrhea • Human Papilloma Virus • Syphilis • Bacterial/Gardnerella Vaginosis • Excoriation/trauma <p>5.B.21 Manage a patient presenting with sexually transmitted disease IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage the patient using the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Herpes simplex virus (HSV), type II • Condyloma acuminata • Syphilis • Trichomonas • Human Papilloma Virus • Gonorrhea • HIV • Hepatitis • Chancroid • Pediculosis • Chlamydia 		
NAME (Last, First, Middle Initial)	EMPLID NUMBER	

RATING: HEALTH SERVICES TECHNICIAN	INIT	DATE
<p>5.B.22 Manage a patient presenting with rectal bleeding disease IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage the patient using the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • External hemorrhoids • Internal hemorrhoids • Colon cancer • Prostatitis <p>5.B.23 Manage a patient presenting with knee pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Current Diagnosis & Treatment in Orthopedics and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.19:</p> <ul style="list-style-type: none"> • Patellofemoral disorders (arthralgia and compression syndrome); • Lateral or Medial Collateral Ligament (LML or MCL) injuries (sprain tear, or avulsion), being sure to use application of varum and valgum stress, with knee at proper degree of flexion, as part of your examination; • Anterior or Posterior Cruciate Ligament (ACL or PCL) Injuries • Lateral and Medial Meniscus Injuries, being sure to use McMurray's Test as part of your examination; • Fractures 		
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RATING: HEALTH SERVICES TECHNICIAN	INIT	DATE
<p>5.B.24 Manage a patient presenting with ankle/foot pain IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Current Diagnosis & Treatment in Orthopedics and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.20:</p> <ul style="list-style-type: none"> • Achilles tendon rupture • Achilles tendinitis • Plantar fasciitis <p>5.B.25 Manage a patient presenting with altered mental status IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Mosby's EMT-Intermediate (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage a patient for the conditions listed, including those listed in EPQ 4.B.23:</p> <ul style="list-style-type: none"> • Diabetic coma • Insulin shock • Cerebrovascular Accident (CVA) • Acute psychotic episode <p>5.B.26 Manage a patient presenting with acute depression IAW Mosby's Health and Physical Assessment (current edition), Mosby's Primary Care Consultant (current edition), Mosby's EMT-Intermediate (current edition) and The Merck Manual (current edition).</p> <p>SupGuide: Under minimal supervision the member will manage the patient using the following conditions as possible diagnosis:</p> <ul style="list-style-type: none"> • Adjustment disorder • Major depression • Bipolar disorder • Suicidal ideation 		
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<p>5.B.27 Perform minor surgical procedures to include the following IAW Clinical Procedures for Medical Assistants and Wounds and Lacerations Emergency Care and Closure.</p> <ul style="list-style-type: none"> • Incision and Drainage (I&D) • Wound-Packing • Ingrown Toenail Removal <p>5.B.28 Maintain poison antidote lockers IAW Health Services Allowance List, Ashore, COMDTINST M6700.5 (series), Health Services Allowance List, Afloat, COMDTINST M6700.6 (series) and Health Services Allowance List, Part III (Shore Units and Vessels), COMDTINST M6700.7 (series).</p> <p>C. MEDICAL ADMINISTRATION</p> <p>4.C.01 Maintain health records IAW Medical Manual, COMDTINST M6000.1 (series).</p> <p>4.C.02 Request Medical Records IAW Medical Manual, COMDTINST M6000.1 (series).</p> <p>4.C.03 Input patient data into computerized tracking/appointment systems IAW Medical Manual, COMDTINST M6000.1 (series).</p> <p>5.C.01 Prepare the following reports for Physical Examination IAW Medical Manual, COMDTINST M6000.1 (series).</p> <ul style="list-style-type: none"> • Report of Medical Examination (DD-2808) • Report of Medical History (DD-2807-1) • Occupational Medical Surveillance and Evaluation Program (OMSEP) <p>5.C.02 Prepare Binnacle lists IAW Medical Manual, COMDTINST M6000.1 (series).</p> <p>5.C.03 Review the medical departmental SOPs for compliance with MLC SOP IAW Medical Manual, COMDTINST M6000.1 (series).</p> <p>5.C.04 Prepare controlled substances inventories IAW Medical Manual, COMDTINST M6000.1 (series).</p>		
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<p>6.C.01 Verify the following reports for Physical Examination IAW Medical Manual, COMDTINST M6000.1 (series).</p> <ul style="list-style-type: none"> • Report of Medical Examination (DD-2808) • Report of Medical History (DD-2807-1) • Occupational Medical Surveillance and Evaluation Program (OMSEP) <p>6.C.02 Maintain SOP Manuals for CG Medical Treatment Facilities IAW Medical Manual, COMDTINST M6000.1 (series).</p> <p>7.C.01 Maintain departmental quality assurance programs IAW Medical Manual, COMDTINST M6000.1 (series).</p> <p>D. PATIENT AFFAIRS</p> <p>5.D.01 Counsel personnel on basic health benefits programs IAW Medical Manual, COMDTINST M6000.1 (series).</p> <p>SupGuide: To include medical and dental services.</p> <p>6.D.01 Counsel patients on medical board procedures IAW Physical Disability Evaluation System, COMDTINST M1850.2 (series).</p> <p>6.D.02 Prepare Initial Medical Board packages IAW Physical Disability Evaluation System, COMDTINST M1850.2 (series).</p> <p>6.D.03 Counsel patients on medical/dental wavier requests IAW Medical Manual, COMDTINST M6000.1 (series).</p> <p>6.D.04 Advise command on requirements for Initial Medical Boards IAW Physical Disability Evaluation System, COMDTINST M1850.2 (series) and Medical Manual, COMDTINST M6000.1 (series).</p> <p>E. MEDICAL SUPPLY AND FISCAL MANAGEMENT</p> <p>5.E.01 Conduct an inventory of medical supplies IAW Health Services Allowance List, Ashore, COMDTINST M6700.5 (series), Health Services Allowance List, Afloat, COMDTINST M6700.6 (series) and Health Services Allowance List, Part III (Shore Units and Vessels), COMDTINST M6700.7 (series).</p> <p>5.E.02 Order Health Care Equipment IAW Medical Manual, COMDTINST M6000.1 (series).</p>		
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<p>6.E.01 Maintain a Preventive Maintenance Program for health care equipment IAW Medical Manual, COMDTINST M6000.1 (series).</p> <p>F. BASIC INSTRUCTION</p> <p>5.F.01 Provide departmental training IAW Medical Manual, COMDTINST M6000.1 (series).</p> <p>6.F.01 Conduct health services related unit training IAW Medical Manual, COMDTINST M6000.1 (series)</p> <p>SupGuide: Training to be conducted outside the health services division.</p> <p>6.F.02 Manage a health services department training program IAW Medical Manual, COMDTINST M6000.1 (series).</p> <p>G. SAFETY AND ENVIRONMENTAL HEALTH</p> <p>4.G.01 Interpret tuberculosis-screening test IAW Medical Manual, COMDTINST M6000.1 (series).</p> <p>5.G.01 Conduct a food service sanitation inspection IAW Food Service Sanitation Manual, COMDTINST M6240.4 (series).</p> <p>5.G.02 Manage a heat stress program IAW Manual of Naval Preventive Medicine, NAVMED P-5010.</p> <p>5.G.03 Manage a hearing conservation program IAW Medical Manual, COMDTINST M6000.1 (series).</p> <p>6.G.01 Conduct a unit sanitation inspection IAW Manual of Naval Preventive Medicine, NAVMED P-5010.</p> <p>6.G.02 Test potable water IAW Manual of Naval Preventive Medicine NAVMED P5010 and Water Supply and Wastewater Disposal Manual, COMDTINST M6240.5 (series).</p>		
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<p>GLOSSARY</p> <p>Administer - To manage or supervise the execution, use, or conduct of a relatively structured activity; to give remedially.</p> <p>Advise - To counsel or recommend; to give advice; caution.</p> <p>Assess - To determine the importance, size, or value of; to fix the amount of.</p> <p>Collect - To gather or exact from a number of persons or sources; to bring together in a group.</p> <p>Conduct - To direct or control, lead, or guide; to direct an action or evolution as the leader (supervisor).</p> <p>Counsel – To provide information and/or advice regarding something.</p> <p>Develop - To set forth or make clear by degrees or in detail; bring into activity or reality.</p> <p>Establish - To bring into existence; institute; to introduce as a permanent entity or procedure.</p> <p>Inject – To introduce as an element or factor in or into some situation or subject; to force a fluid into.</p> <p>Input - To provide information to or to enter information into a system.</p> <p>Interpret - To present or delineate the meaning of; explain.</p> <p>Maintain - To preserve, fix, or keep in good repair; to keep in a proper state or condition of validity.</p> <p>Manage - To handle or direct with a degree of skill or specialized knowledge; to exercise executive, administrative, and supervisory direction; to direct or carry on business or affairs: supervise, administer.</p>		
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<p>Obtain - To physically acquire an item, gain possession of.</p> <p>Order – To requisition or request from a supply system.</p> <p>Perform - To carry out an action or pattern of behavior; to begin a task and carry through to completion in accordance with applicable instructions and regulations.</p> <p>Prepare - To put together; to combine elements and produce a product; to make ready; to make other persons or things ready.</p> <p>Prescribe – Recommend or order the use of a drug or medication.</p> <p>Provide - To supply or make available; furnish.</p> <p>Request - To ask for; to ask someone to do something.</p> <p>Resuscitate – To revive from apparent death or from unconsciousness.</p> <p>Review - To go over for the purpose of determining correctness or currency.</p> <p>Sterilize – To make sterile; make free from microorganisms.</p> <p>Test - To examine to prove the value, tolerances and performance of or ascertain the nature of something;</p> <p>Treat – To care for or deal with medically or surgically.</p> <p>Verify - To confirm or establish the accuracy or truth of something; prove; authenticate.</p> <p>REFERENCE MATERIAL (hyperlinks provided where available)</p> <p>American Heart Association (AHA) Guidelines</p> <p>Brady's Emergency Care (current edition)</p> <p>Clinical Procedures for Medical Assistants</p> <p>Current Diagnosis & Treatment in Orthopedics</p>		
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<p>Delmar's Dental Assisting – A Comprehensive Approach (current edition)</p> <p>Food Service Sanitation Manual, COMDTINST M6240.4 (series)</p> <p>Guide to Antimicrobial Therapy</p> <p>Health Services Allowance List, Ashore, COMDTINST M6700.5 (series)</p> <p>Health Services Allowance List, Afloat, COMDTINST M6700.6 (series)</p> <p>Health Services Allowance List, Part III (Shore Units and Vessels), COMDTINST M6700.7 (series)</p> <p>Manual of Naval Preventive Medicine NAVMED P-5010 http://www.vnh.org/PreventiveMedicine/PreventiveMedicine.html</p> <p>Manufactures Guidelines</p> <p>Medical Manual, COMDTINST M6000.1 (series)</p> <p>Mosby's EMT-Intermediate (current edition)</p> <p>Mosby's Health and Physical Assessments (current edition)</p> <p>Mosby's Primary Care Consultant (current edition)</p> <p>Nursing Drug Reference (current edition)</p> <p>Physical Disability Evaluation System, COMDTINST M1850.2 (series)</p> <p>Standardized Health Services Technician Drug Formulary, COMDTINST 6570.1 (series)</p> <p>Suicide Prevention, COMDTINST 1734.1 (series)</p> <p>The Merck Manual (current edition)</p> <p>Water Supply and Wastewater Disposal Manual, COMDTINST M6240.5 (series)</p> <p>Wounds and Lacerations Emergency Care and Closure</p>		
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